A WARM WELCOME TO OUR
WINTER 2020/24

Quarterly Newsletter

Manager's Introduction

Greetings to all our residents, family members, friends and staff! We hope this newsletter finds you all in good health and spirits. We are delighted to be sharing what we are truly excited to share with you.

Also, if you know someone who would like to receive our email newsletter/quarterly pdf by mail, or instead have the newsletter sign up box below:

Suzanne Garcia

Best wishes,

Anna Hoffmann
Care Home Manager

January Activities & Events

Robert Burns

Burns Night Celebration

Our residents were busy preparing for the Burns Night Celebration. They were a wonderful audience for our Burns Night Quiz, and enjoyed a delicious meal of a traditional Scottish event that celebrates the life and works of the poet Robert Burns.

Residents and staff had a super Burns Night quiz and celebration. The event was a great opportunity to celebrate the poetry's culture and traditions of Burns Night. Residents enjoyed a delicious meal of Cock-a-Leekie Soup and Haggis, Neeps and Tatties accompanying and being part of the quiz.

Celebrating Dry January with Mocktails

On the 15th of January, we celebrated Dry January with mocktails. We enjoyed a variety of non-alcoholic drinks, including mocktails made with fresh fruits and herbs.

Friendly Visitors

Cuddles & Pals

Miss Daisy

We love visits from our pet therapy dog, Miss Daisy. Miss Daisy is a friendly and loving dog that provides comfort and companionship to our residents. We are always delighted to have her visit our care home. Yay!

Mon Music Aberdeen Viols

On the 8th of January, we enjoyed a visit from Mon Music Aberdeen. Mon Music is a group of musicians who performed a variety of classical and traditional pieces. We had a great time singing and dancing along to the music.

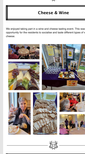
We also which date for upcoming Mon Music Visits:

Recent Highlights

Burns Gym and Tai Chi Classes

Motion Is Lotion

Burns Gym and Tai Chi classes keep us active and engaged. The classes are designed to promote healthy living and wellness among our residents. The classes are open to all and they are never serious in a race.



Cheese & Wine

We enjoyed taking part in a wine and cheese tasting event. This was a great opportunity for the residents to socialize and taste different types of wine and cheese.

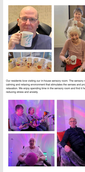
Pampering Sessions

The residents love the pampering sessions with Patrice and Emma. The sessions are a great way to relax and control after a busy day. The sessions include manicure, facial massages and other spa experiences.

Keeping Busy & Active

Busy Times

Board games are a great way to spend time with friends and family and to keep the mind sharp. The residents always have a great time playing games like Scrabble and Chess.



We recently took part in decorating mugs. The activity was a great opportunity for residents to express their creativity and to have a fun time. The residents had a blast decorating their mugs with different colours and patterns and had a great time.

Our residents love visiting our in-house sensory room. The sensory room is a calming and relaxing environment that stimulates the senses and promotes relaxation. The residents enjoying listening to the sensory music and the it helped to relaxing, calm and anxiety.

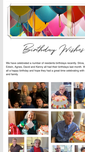
Everyone enjoys our regular Friday Happy Hour! The Happy Hour is a great opportunity to socialize and unwind after a busy week. The residents enjoy drinks and snacks and have a great time socializing with each other.

On the 31st of January, Deanside held a successful Resident Meeting, where several changes were discussed and the residents' opinions were heard.

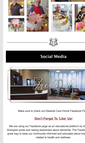
Staff Training

Always Improving

On the 12th of January, our staff took part in Strategic Training as an ongoing training plan a great success and is an opportunity for staff to learn new skills.



On the 19th of January, the Health Protection Team provided training for Deanside Care Home. The training was very helpful and staff members participated well, with interactive activities.



Birthday Celebrations

Birthday Wishes

We have celebrated a number of residents birthdays recently. Nina, Eun, Joyce, Grace, Agnes, Sarah and Winnie all had their birthdays this month. We wish them all a happy birthday and hope they had a great time celebrating with their friends and family.

Social Media

Make sure to check out Deanside Care Home Facebook Page.

Start Page Vs. Like Vs.

We are using our Facebook page as an educational platform by sharing NHS information and other important information regarding Covid-19 and flu vaccines. We aim to provide a safe way to keep our community informed and educated about important factors related to health and wellness.

Leave A Review

We were delighted with a review score on Care Home on a 5.0 ★★★★★ from 50 ratings, we would be very grateful if you could spare a few minutes to leave us a review.

Care Homes.co.uk Reviews

Google Reviews

Powered by Office Manager pro

Copyright © 2024 Deanside Care Home. All rights reserved.

Website Created by Care Home Software UKCH
Find out more at www.carehomesoftwareuk.com

Powered by Care Home Software UK