



## INTRODUCTION

### Message From Our Manager

Welcome to our first newsletter of 2026! The past few months at Deeside have been wonderfully busy, filled with laughter, entertainment and meaningful moments shared together. Alongside our much-loved regular activities, we have been delighted to introduce several new additions to our Activities and Wellbeing programme, giving residents even more opportunities to socialise, relax and enjoy new experiences.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Sign Up Link](#)

Best wishes,

*Gayle Duthie*  
Gayle Duthie  
Home Manager



## JANUARY HIGHLIGHTS

### Burns Day Celebrations

One of the highlights of the season was our fantastic Burns Sunday celebration. The afternoon began with our talented kitchen team preparing a traditional and delicious lunch of haggis, neeps and tatties, which was thoroughly enjoyed. A special moment followed when one of our residents proudly addressed the haggis before everyone tucked in, setting the tone for a truly authentic celebration.

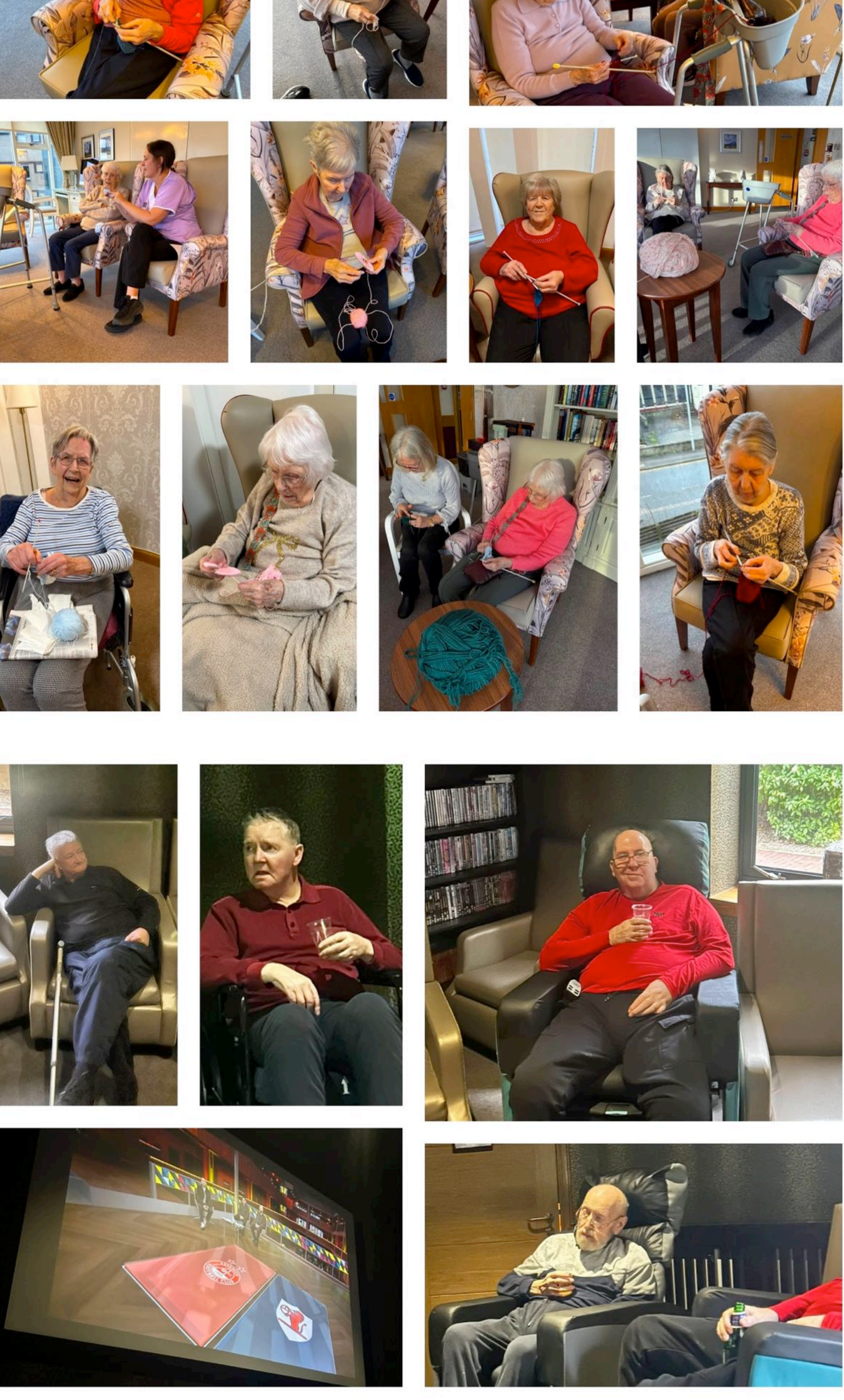
After lunch, we gathered together for Deeside's very first ceilidh. The room was soon filled with the sound of lively Scottish music, with residents, staff and visitors cheering on the dancers and joining in where they could. The energy and smiles in the room made it a wonderful hour that will be fondly remembered. To continue the festivities, the talented girls from Danz Creations visited us to perform Highland dancing. As always, their performance was outstanding and kept everyone entertained from start to finish.



## RECENT ACTIVITIES

### New Social Clubs

We have also been pleased to see new weekly activities quickly become firm favourites at Deeside. Our knitting group and Gentlemen's Club have both been warmly welcomed, offering relaxed and sociable spaces for residents to enjoy shared interests and good conversation.



We also continue to attend the "Music to Remember" sessions at the local church hub. These sessions allow us to sing songs from years gone by, reminisce and connect with members of the wider community. It is a wonderful opportunity for residents to feel part of local life and to catch up with familiar faces.

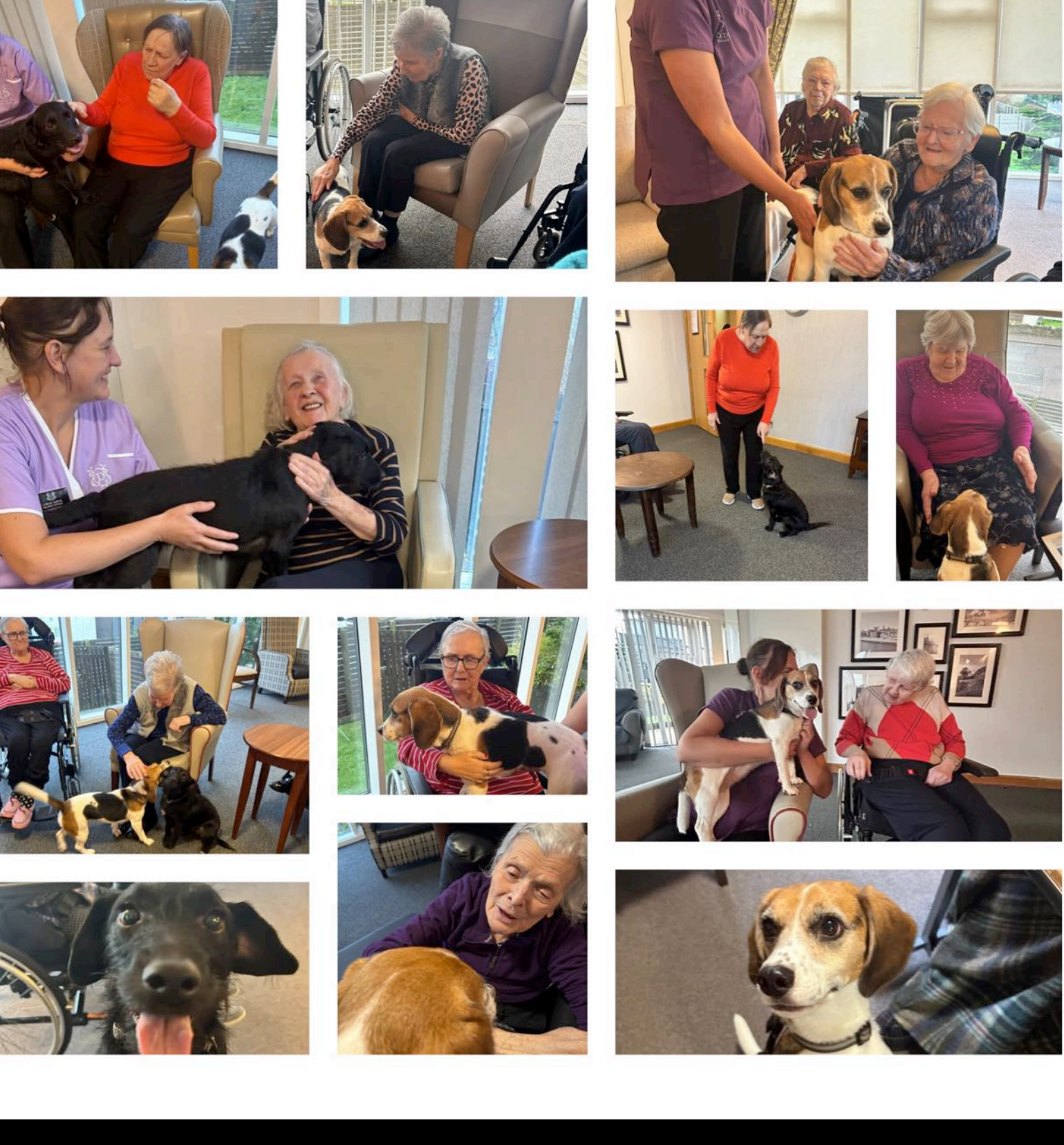


Our monthly Cheese and Wine Tasting evenings continue to be very popular. Residents enjoy coming together in a calm and cosy setting, sampling cheeses and wines from around the world while listening to soft music and chatting with friends. These evenings provide a lovely opportunity to relax and unwind together.



### Pet Therapy

Lorna has kindly brought her dogs, Ivy and Mollie, back to visit us on a few occasions. These visits are always a highlight, with residents loving the chance to enjoy cuddles, companionship and plenty of smiles from our four-legged friends.



## FESTIVE FUN

### Most Wonderful Time of the Year...

December brought with it plenty of festive cheer. On the 8th of December, we welcomed the lovely Kirsty and Deborah from Flower Vogue into Deeside. They helped residents create beautiful Christmas wreaths using fresh flowers, filling the home with a wonderful fragrance. Family and friends joined us for this special event, making it a truly heart-warming afternoon. The finished wreaths were proudly displayed throughout the home for the whole of December.



Our Christmas celebrations began with a festive trip to Raemoir Garden Centre in Banchory. Residents enjoyed browsing the Christmas decorations, soaking up the festive atmosphere and doing a little shopping. It was a lovely morning and the perfect way to kick off the Christmas season.



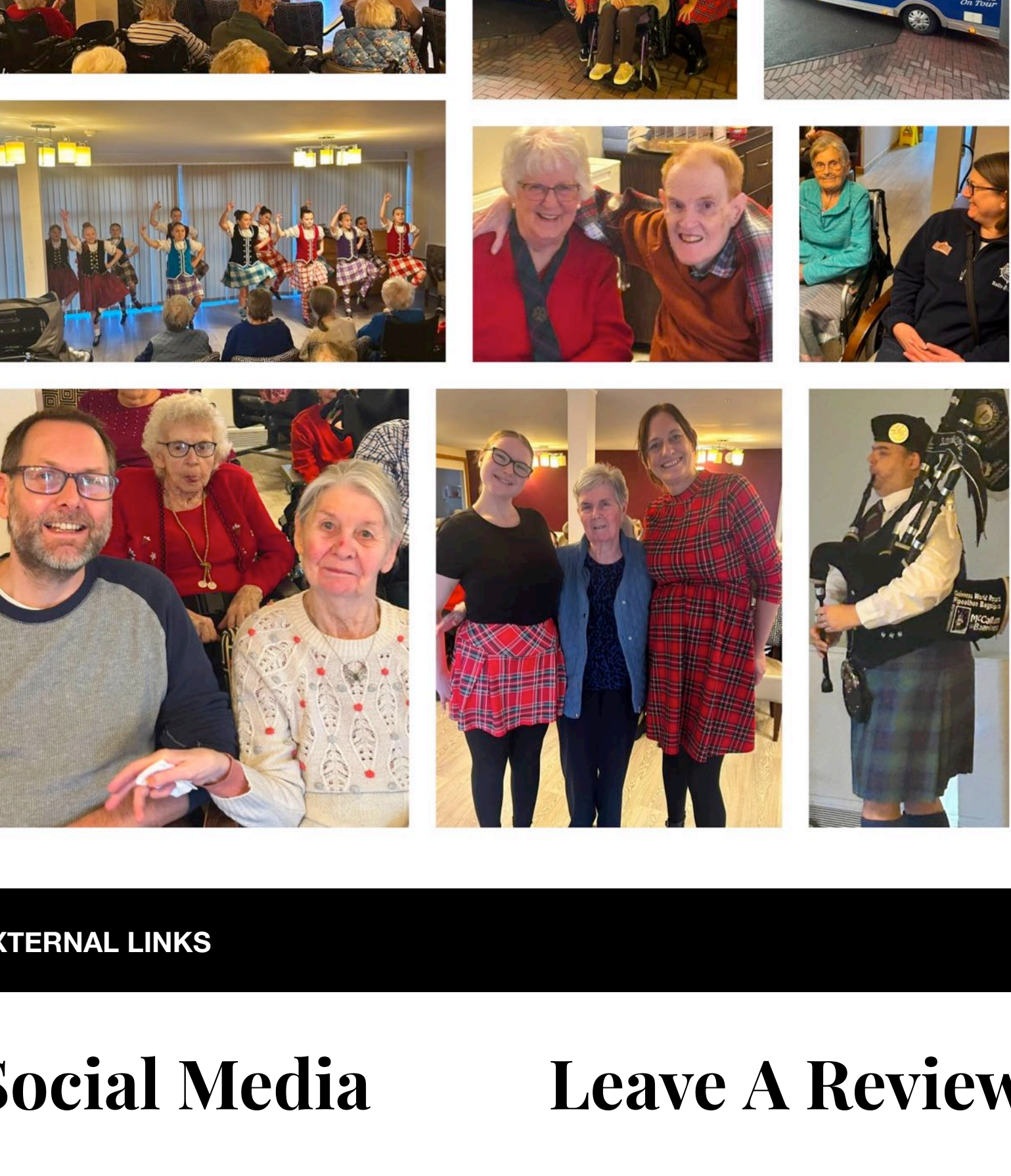
Christmas Day itself was magical at Deeside. Residents spent time with family and friends, exchanged gifts and enjoyed a beautifully prepared Christmas dinner. It was a day filled with warmth, joy and togetherness. We wish everyone a very Merry Christmas and hope your day was as special as ours.



## CELEBRATING SCOTLAND

### St Andrew's Day

Entertainment has also been a big part of the past few months. We hosted a wonderful St Andrew's Day celebration, featuring music from Rikki of Alba Bagpipes and Scottish country dancing by Danz Creations. The day was rounded off perfectly with a fish and chip supper from the Carron Fish Bar, who kindly served residents from their mobile van outside the home. This event was enjoyed by residents, family members and staff alike and was a fantastic way to celebrate Scottish tradition together.



## EXTERNAL LINKS

### Social Media

Make sure to check out the Deeside Care Home Facebook Page for all our latest photos!

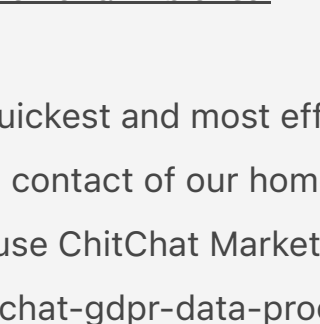
[Don't Forget To 'Like' Us!](#)

### Leave A Review

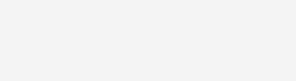
We would be very grateful if you could spare a few minutes to write a review for us.

[Carehome.co.uk](#) & [Google Reviews](#)

### Looking Forward...



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