

INTRODUCTION

Message From Our Manager

Welcome to our Autumn newsletter!

It has been a busy few months at Deeside, and it has been lovely to see our residents enjoying the Autumn season. From baking to crafts and spending time together. From cooking and knitting to our regular exercise classes, there is always something happening around the home. We have also been making improvements to our surroundings and welcoming some new faces to the team.

I am particularly pleased to see our team growing, with colleagues bringing their own experience and ideas to Deeside. As we approach Christmas, we are looking forward to spending time with residents and families, enjoying our festive activities and making the home feel especially welcoming at this time of year.

I hope you enjoy reading our latest news, and thank you to everyone who plays a part in making Deeside such a friendly and caring home.

If you know someone who would like to receive our email newsletters/updates, just let us know or forward them the newsletter sign up link below:

Sign Up Link

Best wishes,

Annamarie Hudson
Home Manager

SPOOKY SEASON

Halloween Celebrations

We had a lovely time celebrating Halloween at Deeside, with an afternoon of music, entertainment and delicious refreshments for everyone. Our residents always welcome the fantastic Ray Mares, who provided live entertainment for our residents to join in.

A special thank you also goes to our wonderful kitchen team, who once again did a fantastic job preparing a selection of Halloween themed treats for everyone to enjoy. Their hard work and creativity were greatly appreciated and helped make our celebrations that little bit more special.



RECENT ACTIVITIES

A Little Something Cooking at Deeside

There has been plenty of activity in our kitchen as residents have been enjoying the chance to prepare their own dishes and share their cooking skills.

For many, cooking brings back memories of family meals, favourite recipes and time spent in the kitchen over the years. It has been nice to hear residents exchanging ideas, talking about their favourite ingredients and showing us how they like things done.

Our residents also got into the Halloween spirit with a spot of cupcake baking, enjoying the chance to get involved in the kitchen and decorate their own spooky treats. This was great fun and definitely as everyone created their own little touches, and of course, the best part was getting to enjoy the cupcakes afterwards.



Games, Laughter and Relaxation

Our residents at Deeside enjoyed a lovely afternoon of games, with plenty of familiar favourites to choose from. Whether it was dominoes, cards, Scrabble or Connect Four, everyone had the opportunity to play a game they enjoyed.

There were lots of smiles around the tables, with a little friendly competition, plenty of conversation and laughter along the way.

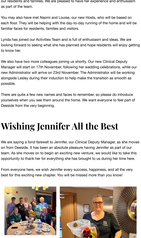


Knit and Natter – Everyone's Welcome!

Our Knit and Natter group remains a favourite with residents, and you certainly don't have to be an expert knitter to join in!

Residents were happy working away on their latest projects, while others prefer to come along for the conversation and a cuppa. There is often as much nathering as knitting, which is all part of the enjoyment.

It is a relaxed way to spend time together, share a few stories and perhaps pick up a new skill along the way.



Keeping Moving with Burns Brothers and Zumba

Our residents have been keeping active with regular exercise sessions led by Burns Brothers, alongside our Zumba classes.

There is a nice mixture of gentle movement and music, with everyone encouraged to join in at their own pace. Some residents enjoy following the exercises, while others are quite happy moving along to the music.

The important thing is that everyone feels comfortable taking part, and these sessions have become a familiar part of our weekly routine.



HOME NEWS

A Fresh New Look for Deeside

You may have noticed a few changes around Deeside recently, as we have been refreshing the décor to give the home a more modern look.

We want our surroundings to feel comfortable and homely for the people who live here, while also being a pleasant place for families and friends to visit.

It has been nice to see the improvements taking shape, and we hope you will enjoy the changes when you next come to see us.



STAFF NEWS

Some New Faces at Deeside

We have been welcoming several new colleagues to Deeside, and we thought it would be nice to introduce everyone properly.

Diane Findlay has joined us as our new Non-Clinical Deputy Manager. Diane brings ten years of experience in the care sector and is looking forward to getting to know our residents and families. We are pleased to have her experience and enthusiasm as part of the team.

You may also have met Naomi and Louise, our new Hosts, who will be based on each floor. They will be helping with the day-to-day running of the home and will be familiar faces for residents, families and visitors.

Lynsay has joined our Activities Team and is full of enthusiasm and ideas. We are looking forward to seeing what she has planned and hope residents will enjoy getting to know her.

We also have two more colleagues joining us shortly. Our new Clinical Deputy Manager will start on 17th November, following her existing obligations. Also, our new Administrator will arrive on 23rd November. The Administrator will be working alongside Lesley during their induction to help make the transition as smooth as possible.

There are quite a few new names and faces to remember, so please do introduce yourselves when you see them around the home. We want everyone to feel part of Deeside from the very beginning.

Wishing Jennifer All the Best

We are saying a fond farewell to Jennifer, our Clinical Deputy Manager, as she moves on from Deeside. It has been an absolute pleasure having Jennifer as part of our team, and we are very sad to see her leave. We would like to take this time to say a big opportunity to thank her for everything she has brought to us during her time here.

From everyone here, we wish Jennifer every success, happiness, and all the very best for this exciting new chapter. You will be missed more than you know!

COMING UP

Relatives' Meeting – Come Along and Have Your Say

Our next Relatives' Meeting will take place on **Thursday 13th November at 1.30pm.**

We always appreciate the opportunity to catch up with families, share news from around the home and hear your thoughts. Whether you have a question, a suggestion or simply want to find out what is happening at Deeside, we would be pleased to see you there.

FESTIVE PLANS

Getting Ready for Christmas

It is hard to believe that Christmas is just around the corner, but we are already beginning to think about decorations, festive activities and all the little things that make this time of year special.

Our Activities Team is planning Christmas crafts, baking, seasonal entertainment and reminiscence sessions, alongside quieter afternoons where residents can enjoy a warm drink and some company.

We will share more details as our plans come together, and we hope families and friends will be able to join us for some of the celebrations.

EXTERNAL LINKS

Social Media

Make sure to check out the Deeside Care Home Facebook Page for all our latest photos!

Don't Forget To 'Like' Us!

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